

A Journey into the Unknown
Phase Three of Being Christ
Book Eleven S: A Shock to the System

Introduction, 14 July 2021

First offered as Supplemental Reading in
[Book 11: Sunday Celebrations with Jesus 14](#)



Image: Texas Supercell Storm (Laura Rowe)

A Shock to the System Introduction

Wednesday, July 14, 2021 7:50 am

This is the one known as Jesus. It has come to our attention that many at the Christ level of understanding are seeking greater amounts of control in their own lives and their own communities. "What can we do?" is a frequent question that we hear.

Christ means God in form and if what we say and what each of you are experiencing is true, then where is the true power in this reality if all you can do is bless and hope for a good outcome?

Welcome to Phase Three of A Journey into The Unknown, Being Christ. In this phase, we will introduce you to new parts of yourself and will explain your own power to you through the use of scenarios.

Hold onto your hats and prepare to be shocked into a new level of understanding.

End Time: 8:04 am

Wednesday, July 14, 2021 1:06 pm

Up until now, you have blessed others indiscriminately and asked for the miracle of understanding, acceptance, and forgiveness. Of course, in love there is always more. Now is the time to discover exactly what this is.

If it is true that there is a cadre of Christs walking the earth and this group will grow over time, we are talking about the energy of God being called Suzie, Sam, or Mary. God is not in the heavens alone. It is right here, disguised as you and those you know. God will be in every city, every state, and every nation in the world.

As God, as an individualized aspect of God, you have certain powers and abilities. These are

1. The power to alter the course of another aspect of yourself
2. The power to stop suffering
3. The power to alleviate need
4. The power to grant wishes and desires
5. The power to enhance
6. The power to change situations and outcomes
7. The power to know and trust
8. The power to explore
9. The power to invest
10. The power to manifest

As stated in the introduction, these will all be explained through the use of scenarios.

End Time: 1:23 pm

A Journey into the Unknown
Phase Three of Being Christ
Book Eleven S: A Shock to the System

Part One, 15-21 July 2021
The First Set of Scenarios for the Ten Powers of Christ

First offered as Supplemental Reading in
[Book 11: Sunday Celebrations with Jesus 15-24](#)



Image: Texas Supercell Storm (Laura Rowe)

A Shock to the System 1

Thursday, July 15, 2021 8:03 am

1. The Power to Alter the Course of Another Aspect of Yourself

A separated person sees everything in isolation. It is a disjointed reality. Christ sees everything and everyone as part of the whole. Here is our first scenario.

'You arrive at your appointment 15 minutes early. As you walk through the parking lot, you notice someone looking around on the ground. Not knowing what he's looking for, you say hello and ask if he might need any help. You find out that his name is Javier and that he's looking for change to help him get on the bus and go to a job fair the city is having today. As Christ, you silently bless Javier and give him enough money for the fare and even a cup of coffee before his interviews start. You then wish him good luck and watch him board the bus at the nearby bus stop.'

(Debrief)

A person practicing Christ awareness or Christ consciousness would emit a blessing to Javier in the now. Fully embodied Christ can bless Javier now and have it extend into future nows. The blessing is different and much more powerful. Christ did not ask for a miracle. Christ created one.

Javier arrived at the job fair, got a cup of coffee, walked into the conference room, and was offered two jobs on the spot plus assistance with housing, transportation and health care. Javier is part of the OneSelf. He is another aspect of the one who helped him get to the job fair.

End Time: 8:24 am

A Shock to the System 2

Friday, July 16, 2021 8:45 am

2. The Power to Stop Suffering

"Suffering takes on many forms that range from a mild headache to severe and debilitating emotional trauma that can cripple or even derail a life journey. This is scenario two."

'A relative visits you and mentions that she's been experiencing lower back pain. On some days, she can manage and tolerate it but on other days, she needs pain medication. There have been times when she has not been able to get out of bed and has been unable to participate in her regular activities. This has affected her relationships with her children and co-workers.'

(Debrief)

"As Christ, this is what you know. There is much that you don't know. You don't know with certainty if the pain has an emotional component, a physical cause or some of both.

Just by listening to her, your energy is creating miracles by encouraging the acceptance of the situation, as difficult as it can be, in the now. When you physically leave or when the call or texting discontinues, the pain can become the focal point again, if you were at the Christ Awareness or Christ Consciousness levels of development.

As a fully manifested Christ, your blessing has the power to extend from the now into future nows. She may feel inspired to research lower back pain, join a walking group, learn more about her emotional limits and triggers or get professional help. Christ energy is helping her to grow by discovering more about her own mind-body connection. This was a very powerful blessing indeed."

End Time: 9:09 am

A Shock to the System 3

Friday, July 16, 2021 2:25 pm

3. The Power to Alleviate Need

A disaster has unfolded in part of the world and the aftermath is being broadcast across media platforms. You are not directly affected. What is known is layered as there are many moving parts. There are many unknowns. There seem to be a large number of souls involved, both directly and indirectly."

(Debrief)

"Your prayer is an extension and should begin with "May". First, direct energy to those in immediate medical or physical need. Second, direct energy to the friends and family of those directly affected. This will involve emotional comfort and eventual acceptance. Your response as Christ is layered and because it is coming from a place of power, it will extend into future Nows. You are literally acting as a spiritual 911 operator, sending spiritual first responders to the scene. Your prayer only needs to be expressed once and we will take it from there. This type of a power prayer is far superior to a cry for help. God knows exactly what is needed because all are part of God.

A Shock to the System 4

Monday, July 19, 2021 10:16 am

4. The Power to Grant Wishes and Desires

Knowing that everything, yes, absolutely everything is a teaching device to bring all souls closer and closer to the realization of their true identity and further away from their small identities, this one could be tricky. You don't want to do any harm. You can't do any harm with your power. It's impossible. Frankly, many things that your sisters and brothers say they want, will either harm them or someone else. At the very least, it may create further delay towards moving forward and we don't have time for that any longer.

Let's take a look at the following scenario and then we will discuss it.

'Dewayne is a neighbor. He is high school aged, and he has been into basketball since anyone can remember. He is not only a fan of the professional players but he himself plays on his school's team. All he talks about, all he has ever talked about, is playing professionally. Dewayne's hard work and dedication has paid off. He is very athletic and talented. In fact, he is considered a star player who makes a lot of points each and every game.'

(Debrief)

Knowing that you have the power to grant wishes and desires, you simply are not sure if being a professional basketball player is the best thing for Dewayne or for his friends and family. A good prayer for Dewayne is that he enjoys his time playing Now and in future Nows. And that he be able to accept possible disappointment in future Nows, then being able to redirect his love for the game into other channels. Maybe Dewayne's future Nows don't include basketball in the way he thinks it should Now. Your blessing will enhance possibilities but not limit them.

All your blessings have the power to enhance someone's life Now and in future Nows without placing any kind of limitations on them. Dewayne would scream up and down that being a professional athlete simply must happen, but that may not be in his soul's life plan and may not be in his best interest either. In fact, this could be a limitation and burden, so your blessing will not include Dewayne's ultimate wished upon outcome. Your blessing will affect future outcomes however because if Dewayne could become less concerned with outcome, he may enjoy basketball more. And if that happens, he can enjoy many future Nows, even if he didn't order what's in them. Let's keep this kind of thinking in mind with the next scenario.

A Shock to the System 5

Monday, July 19, 2021 4:04 pm

5. The Power to Enhance

Mia is a single mother with two small children who are not yet school aged. She works at a fast-food restaurant while her sister cares for her children. Mia receives public assistance to help with food, diapers and rent subsidies. Mia's car is shared with her sister, and it is on its last legs. Mia wants to start classes to be a nurse, but she hates to burden her sister by asking for more babysitting time.

(Debrief)

This is a situation where there's a lot going on and there's even more going on than I told you about, but let's focus on this much of the picture. How can your blessing enhance Mia's Now and future Nows? How can your blessing do this even if you knew nothing about Mia?

Your Now focused blessing for Mia, whether you know any of these details or not, is that she be at perfect peace and acceptance of the situation as it is currently and that she feels emboldened in her choices and not let any perceived limitations stop her from exploring in her future Nows.

If Mia can feel enough confidence to make that first step to reach out to get some information about nursing programs, then not only can her life change but those of her children as well. Your blessing will produce the miracle of enhancement, which is what is needed.

A Shock to the System 6

Tuesday, July 20, 2021 10:05 am

6. The Power to Change Situations

(Scenario)

'Abdul absolutely hates his job. He has been there for many years and can do the required tasks blindfolded. He has never had strong relationships with his coworkers or management. They keep him on the payroll because it's easier than hiring someone new.'

(Debrief)

You can see clearly that Abdul is staying at this job because he's afraid to leave it and find something new, perhaps something in another line of work that he may really love. A Christ driven blessing for Abdul is that he starts to tell the truth for what may be the first time. Truth telling always leads to changed situations and they always change for the better.

Your blessing can't make Abdul start to tell the truth, but it will stay with him until he does and then it will support him in his truth in future Nows. If he can move towards truthfulness, who knows what other areas in his life can have the truth revealed? The sky is the limit. This will be a true miracle for Abdul.

A Shock to the System 7

Wednesday, July 21, 2021 9:40 am

7. The Power to Know and Trust

(Introduction)

Let's go back to Mia's example again. Our prayer, our blessing is that Mia takes a fearless risk and will be willing and open to investigating possibilities. In her area, there are a handful of different types of nursing programs. These programs are well experienced in working with the issues Mia faces. They can help with financing, exploring on-line options, and some even have drop-in childcare during class times, so as not to stress Mia's relationship with her sister. Your blessing will help Mia to be confident in her knowing that she is making the right decision for herself and her family, and to trust that everything will work out in the end and along the way.

Here's another example for the power to know and trust.

(Scenario)

'Samuel's on-again, off-again girlfriend has just informed him that she is pregnant and there is a possibility that the child is his. He is 18 and just graduated from high school. He hasn't made plans to go to college and only works part time. Samuel feels angry and terrified. He doesn't think he's ready to be a father and doesn't want his parents to find out about this situation.'

(Debrief)

What will your blessing for Samuel's Now and future Nows entail? It is simply the willingness to put aside his understandable feelings and meet the situation head on and let the chips fall where they may. A paternity test would be a good first step and wisdom surrounding caution about jumping into a marriage he doesn't feel ready for. This is what your blessing can provide.

A Shock to the System 8

Wednesday, July 21, 2021 10:05 am

8. The Power to Explore

(Scenario)

'Kate has been married to her high school sweetheart for 28 years. Their two children are grown adults now and are fully independent. Kate's husband is Pierre. She suspects that he is having another affair. There have been several. The dishonesty of sneaking around behind her back is the thing that bothers Kate the most. Kate has wondered what it would be like to live on her own and start over again but the idea of moving and going through a divorce fills her with dread.'

(Debrief)

Like Abdul, Kate needs to start some truth telling, as painful as it will be. This will free her now and a free Kate Now can be free in future Nows if she will embrace her truth. The truth will set Kate free, and your blessing has the power to encourage her to do just that.

We can't make Kate leave her husband or do anything, but a powerful blessing will await her when she's ready to claim her freedom from herself and all the dishonesty she has been accepting of from Pierre and from her own unwillingness to acknowledge her own feelings.

This blessing will be a mighty powerful one indeed.

A Shock to the System 9

Wednesday, July 21, 2021 7:10 pm

9. The Power to Invest

(Scenario)

'Alejandro sends money to his family every payday at one of the facilities set up to do so. Alejandro's family is in Mexico, and they depend on these funds to pay for their basic needs. The problem is that Alejandro cannot afford to send as much as he has been. There is little left over to pay for his own needs, working as a day laborer.'

Give some creative thought to what your blessing will provide in Alejandro's Now and future Nows.

(Debrief)

Clearly, Alejandro believes that giving should hurt and should be a sacrifice, so our blessing will be for Alejandro to put his oxygen mask on first before he tries to support his family in another country. The truth is that if Alejandro has \$10 that is truly extra, then he can afford to send 10% of that, which is \$1.00, not the hundreds he is currently sending.

Caring for others is wonderful and should be applauded, but the current mindset of giving until it hurts is not actually a spiritual principle. The power to invest in ideas based in truth is a wonderful blessing.

End Time: 7:25 pm

A Shock to the System 10

Wednesday, July 21, 2021 7:27 pm

10. The Power to Manifest

(Scenario)

'Mae is a real estate broker from China. She is on holiday in Europe. She receives a call from home alerting her that there is suspicious account activity on one of her credit cards. Things like this tend to derail Mae. She gets nervous and spends hours on the phone, unsuccessfully trying to address the situation. Mae wants to call off the rest of her trip and just go home because she is so frustrated with her credit card company and the fraudulent activity.'

(Debrief)

This is a real-life situation that many have encountered. Fear has a way of permeating the current Now and derailing a long-planned trip. What does Mae need first and foremost right now? What will she need in future Nows?

If you said, "clear thoughts", you're right. Mae needs to breathe, try to relax and not let fear and panic run the show. Your blessing has the power to manifest right action Now and in future Nows for Mae.

End Time: 7:42 am

Conclusion to A Shock to the System, Part One

Thursday, July 22, 2021 4:48 am

These scenarios will be the most important part of Christ training. Discovering exactly how blessings want to flow is crucial. We aren't magically making problems disappear. No one would learn if we did. We are enhancing likelihoods, that's all. If there are clogged drains (and there are plenty of them), then Christ is like a plumber.

We don't walk on water, and we don't raise the dead. What we do is help our brothers and sisters to get back into the flow of life. We aren't fixing anyone. We aren't saving anyone. We are only helping them, and they still must be willing to accept the help.

If Christ is lending a helping hand, then you can be sure that miracles await. There will be further sets of more complicated scenarios further down the line and these will not have an answer key, so get ready. Expect these later this year.

End Time: 5:00 am

A Journey into the Unknown
Phase Three of Being Christ
Book Eleven S: A Shock to the System

Part Two, 2-4 December 2021
The Second Set of Scenarios for the Ten Powers of Christ



Image: Texas Supercell Storm (Laura Rowe)

A Shock to the System 11

Thursday, December 2, 2021 5:18 am

1. The Power to Alter the Course of Another Aspect of Yourself

Scenarios:

1. You smile at a stranger in a crowded shopping mall.
2. You call an old friend to see how they are doing these days.
3. Several people walk by while you are reading a magazine at the library.
4. You are stopped at a stop sign and you wave to a bicyclist to proceed.
5. You see an emergency has unfolded somewhere in the world.

Question:

How can Christ flow in these situations to alter the course of another aspect of yourself?

End Time: 5:17 am

A Shock to the System 12

Thursday, December 2, 2021 5:04 am

2. The Power to Stop Suffering

Scenarios:

1. Health symptoms that are cause for concern.
2. Medical procedures.
3. Financial issues – living beyond means.
4. Financial issues – lack of income.
5. Unstable housing issues.

Question:

How can Christ flow in these situations to stop suffering?

End Time: 5:22 am

A Shock to the System 13

Thursday, December 2, 2021 5:23 am

3. The Power to Alleviate Need

Scenarios:

1. Jamie can't seem to make up her mind about what she wants to do after high school graduation.
2. Monte has been burning the midnight oil trying to study for his exit exams.
3. Julie could use a helping hand to care for her newborn while she looks for work.
4. Mark is self-medicating with alcohol and/or drugs.
5. The next door neighbor seems angry all of the time. You have heard him raise his voice to his family members.

Question:

How can Christ flow to alleviate need?

End Time: 5:31 am

A Shock to the System 14

Thursday, December 2, 2021 7:05 pm

4. The Power to Grant Wishes and Desires

Scenarios:

1. Johnny wants to quit college and take a year off to find himself.
2. Alicia regrets a decision her parents made to not allow her to enroll in dance lessons.
3. Mick has his eye on the newest sports care model from a major brand.
4. Tonia hopes to learn how to operate her own business so she can open her own bakery one day.
5. Melissa just wants to be left alone.

Question:

How can Christ flow in these situations to grant wishes and desires?

End Time: 7:14 pm

A Shock to the System 15

Thursday, December 2, 2021 7:15 pm

5. The Power to Enhance

Scenarios:

1. One person simply needs more money per month to make ends meet.
2. One family needs strategies to help its members to get along better.
3. One community is suffering, due to the upcoming closure of a major manufacturing plant and the loss of hundreds of jobs.
4. One part of the world has experienced a major calamity and the needs of the people are vast.
5. A naturally occurring drought is producing water shortages in many areas.

Question:

How can Christ flow in these situations to promote the power of enhancement?

End Time: 7:22 pm

A Shock to the System 16

Thursday, December 2, 2021 7:24 pm

6. The Power to Change Situations and Outcomes

Scenarios:

1. A child attends a school where he experiences bullying.
2. A woman is experiencing domestic violence.
3. An elderly couple feel unsafe in their changing neighborhood.
4. A man who has dependence on alcohol is suffering from liver damage.
5. A kidney dialysis patient is on a waiting list for a new kidney.

Question:

How can Christ flow to change situations and outcomes?

End Time: 7:33 am

A Shock to the System 17

Saturday, December 4, 2021 6:15 am

7. The Power to Know and Trust

Scenarios:

1. A family welcomes an unknown and never before experienced opportunity to take in a foreign exchange student.
2. A family welcomes a newborn baby into the world.
3. A woman wants to be a kidney donor for her biological brother.
4. The primary income earner in a family has gotten laid off and is now searching for work.
5. There has been an unexpected death in the family.

Question:

How can Christ flow to promote the power to know and trust?

End Time: 6:26 am

A Shock to the System 18

Saturday, December 4, 2021 6:27 am

8. The Power to Explore

Scenarios:

1. Marjorie takes a long-anticipated trip to France. Once there, she falls in love with the country and someone she met there.
2. Billy decides that teaching is not for him and is unsure of what to major in.
3. Jesus is considering illegal entry into another country where work opportunities are plentiful.
4. Jane does not live in an area where marijuana sales and use are allowed but is attracted to the idea of making a lot of cash.
5. Trey is serving a 5-10 year sentence in prison for drug sales. He has access to a prison library and online classes to get his high school equivalency diploma.

Question:

How can the power of Christ promote exploration?

End Time: 6:41 am

A Shock to the System 19

Saturday, December 4, 2021 6:42 am

9. The Power to Invest

Scenarios:

1. A man has been dating his partner for six months but doesn't want to commit to a long-term committed relationship.
2. An athlete missed qualifying for the Olympics and is considering quitting the sport he has been passionate about.
3. A woman has an opportunity to advance at her place of employment but is afraid to leave her familiar old position.
4. A college student saw an ad online for the Big Brother, Big Sister program.
5. A growing family is considering buying a second car so the stay-at-home mother can obtain paid work outside the home.

Question:

How can the power of Christ promote the power to invest?

End Time: 6:54 am

A Shock to the System 20

Saturday, December 4, 2021 6:42 am

10. The Power to Manifest

Scenarios:

1. The desire for romance.
2. The desire for wealth and financial security.
3. The desire for recognition.
4. The desire for adventure.
5. The desire for friendship and community.

Question:

How can the power of Christ promote manifestation?

End Time: 7:00 am

A Journey into the Unknown
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Part Three, 4 December 2021
The Third Set of Scenarios for the Ten Powers of Christ



Image: Texas Supercell Storm (Laura Rowe)

A Shock to the System 21

Saturday, December 4, 2021 10:10 am

1. The Power to Alter the Course of Another Aspect of Yourself

Putting on your own oxygen mask first, how can Christ alter its own course in YOU?

End Time: 10:14 am

A Shock to the System 22

Saturday, December 4, 2021 10:15 am

2. The Power to Stop Suffering

Putting on your own oxygen mask first, how can Christ stop suffering in YOU?

End Time: 10:16 am

A Shock to the System 23

Saturday, December 4, 2021 10:20 am

3. The Power to Alleviate Need

Putting on your own oxygen mask first, how can Christ alleviate need in YOU?

End Time: 10:21 am

A Shock to the System 24

Saturday, December 4, 2021 10:22 am

4. The Power to Grant Wishes and Desires

Putting on your own oxygen mask first, how can Christ grant wishes and desires in YOU?

End Time: 10:23 am

A Shock to the System 25

Saturday, December 4, 2021 10:24 am

5. The Power to Enhance

Putting on your own oxygen mask first, how can Christ enhance YOUR life?

End Time: 10:25 am

A Shock to the System 26

Saturday, December 4, 2021 10:26 am

6. The Power to Change Situations and Outcomes

Putting on your own oxygen mask first, how can Christ change situations and outcomes in YOU?

End Time: 10:27 am

A Shock to the System 27

Saturday, December 4, 2021 10:28 am

7. The Power to Know and Trust

Putting on your own oxygen mask first, how can Christ promote knowledge and trust in YOU?

End Time: 10:29 am

A Shock to the System 28

Saturday, December 4, 2021 10:30 am

8. The Power to Explore

Putting on your own oxygen mask first, how can Christ promote exploration in YOU?

End Time: 10:31 am

A Shock to the System 29

Saturday, December 4, 2021 10:32 am

9. The Power to Invest

Putting on your own oxygen mask first, how can Christ promote investment in both time and energy in YOU?

End Time: 10:33 am

A Shock to the System 30

Saturday, December 4, 2021 10:34 am

10. The Power to Manifest

Putting on your own oxygen mask first, how can Christ manifest in YOU?

End Time: 10:35 am

A Journey into the Unknown
Phase Three of Being Christ
Book Eleven S: A Shock to the System

Conclusion, 4 December 2021



Image: Texas Supercell Storm (Laura Rowe)

A Shock to the System, Powers of Christ: Conclusion

Saturday, December 4, 2021 10:36 am

Humans have thought of themselves historically as quite powerless. This powerlessness has produced guns, jails, and security systems.

Christ on the other hand, is quite powerful without the use of guns, jails, or security systems. Christ is a creative force. While you as Christ, will often not know a specific person or their needs, Christ goes into auto-drive and produces miracles that keep on giving, in others.

Knowing about the ten powers of Christ will help you as an aspect of Christ, to get to know yourself better, and become familiar with your own power. Try it out. Give it a try with people and situations you are familiar with. Especially use it within your own life. You are Christ and you are powerful!

End Time: 10:44 am